

DECEMBER/JANUARY 2006-07

BY SARA HAMILTON



SEACOAST POLL

Jenna Carr hits the streets to poll Seacoast folks on their New Year's resolutions.



WILL JENKINS >> Dover, NH

"Cut back on fast foods, and eat healthier and save money at the same time"



TOM BURLEIGH >> Nottingham, NH

"Get in shape, because now I work at a gym and have no excuse"



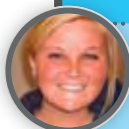
SHAUNA MORAN >> Exeter, NH

"Cut back on coffee"



KATIE PETROFF >> Durham, NH

"To relax more, not be so busy, and have time for myself"



CATH FRENI >> Beverly, MA

"To volunteer more of my time"



MARTHA ARONSON >> Ogunquit, ME

"To give more"



SALVATORE TORRISI >> Seabrook, NH

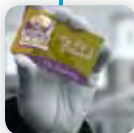
"Learn to speak Italian"

KARMA THREADS



Is a positive messaging apparel company fusing vintage flair with contemporary design. Creating good karma by providing a global vehicle for giving back, Karma Threads will donate a portion of its proceeds to nurture and shelter teens in need. So whether you're a teen or just young at heart, here's your chance to make a difference. Look good, do good!

>> www.karmathreads.com



PORTSMOUTH A LA CARTE

Is celebrating its 10th anniversary by conducting a \$500 shopping spree promotion! No purchase necessary to win. Just visit the site, fill out the form and BAM, you are entered to win a \$500 gift card – for FREE!

Portsmouth has long been regarded as one of New England's destinations for great restaurants and shops. With such a wide range of great eateries and specialty shops to choose from, making a choice can be downright perplexing. Now, a diverse group of the city's most popular restaurants and shops have come together to help make deciding easier. Portsmouth a la Carte gift cards can be used just like cash at dozens of locations. They make great holiday presents, stocking stuffers, company bonuses and gifts for any occasion.

>> www.portsmouthalacarte.com/spree.cfm



CITY PUPPIES

City Puppies is not just a picture book of dogs, but a place to learn about each and every dog on its pages. Get to know 74 canine stars of the New Hampshire Seacoast, read their stories, learn their habits, and simply fall in love with them.

To purchase a book, visit our local shops: Choozy Shoes, City and Country, Tulips American Handcrafts, River Run Bookstore, Tarapeck Gallery (all in Portsmouth) and The Piscataqua Animal Hospital in Kittery, Maine.

>> www.citypuppies.com



WHERE IN THE SEACOAST?

Think you know? Drop us a line and win a free Portsmouth Magazine T-shirt!

>> e-mail: sara@portsmouthmag.com

- October's photo, "wood star," was taken while looking into the very tip of the new North Church Steeple in downtown Portsmouth.
- November's photo, "slow," was taken by John Ziemba in the woods off of Route 87 in Epping close to the Newfields line.